

## *From the Desk of The Editor-in-Chief*



The practice of Sleep Medicine in India is fast gaining a strong foothold. As anywhere else in the world, the discipline has drawn the attention of specialists from neurology, pulmonology, internal medicine, oto-rhino-laryngology, psychiatry, and pediatrics. There is a tacit endeavour on the part of the print, electronic and audio-visual media to propagate the significance of this relatively nascent subject among the general public at large. It is with these facts in mind that the Indian Sleep Disorders Association (ISDA) was founded and registered as a Society with the help of a group of likeminded medical professionals in the year 1995. An international Symposium cum Workshop was first held in 1996 at New Delhi. Subsequently several national meetings were held.

It is a common observation that sleep medicine is discussed in forums pertaining to parent disciplines like annual conferences and regional meets of pulmonology, neurology, internal medicine etc only as part of a small 'symposium' or a single 'panel discussion' in the meet. Articles and case reports pertaining to this discipline find a place in various broad and super specialty journals. There was therefore a felt need to establish a forum where matters pertaining to sleep medicine are discussed exclusively. The launch of the *Indian Journal of Sleep Medicine* proposes to satiate this need. It is the first national medical journal that ventures to discuss threadbare those problems related to this discipline that tend to be peculiar to this part of the world with all its social, economic and geographic diversities. All dimensions of the subject can be projected, discussed and propagated through the medium of the *Journal*. It is the official publication of the ISDA that is to be published as a quarterly. Opinions from all sections of medical practice that are actively involved in the practice of this discipline can be voiced, equipments and devices that are made available in the country can be advertised, feedback on newer experiences of various sleep physicians can be shared. Collaborative projects with various international sleep societies can be initiated through its pages.

I am certain that with good wishes and enthusiasm from the readers, this small step would just be the beginning of the revolutionary journey of sleep medicine in India that will make its mark globally.

A handwritten signature in black ink, appearing to read 'J. C. Suri', written over a horizontal line.

**J. C. Suri**  
Editor-in -Chief